

**Fitness Forum Sports and Wellness at LifePlex
Activity Waiver Form**

Event Name: _____

I/we do hereby acknowledge, recognize and accept the inherent risk of bodily injury, disability, paralysis and/or death to myself/ourselves and/or my/our children that exists as a result of my/our participation in any athletic endeavor, and specifically, by my/our participation in athletic endeavors offered or hosted by Fitness Forum Sports and Wellness at LifePlex. As such, I/we do hereby agree to save, hold harmless and indemnify LifePlex Wellness LLC, the Fitness Forum Sports and Wellness at LifePlex, its owners, employees and other individuals or entities operating on behalf of the Fitness Forum Sports and Wellness, for any bodily injury, disability, paralysis, and/or death, that I/we and/or my/our children may sustain as a result of my/our participation in any athletic endeavor offered by the Fitness Forum Sports and Wellness at LifePlex.

In the event that I/we or my/our child [ren] suffer some type of injury or illness which requires immediate medical treatment, I/we do hereby consent to and authorize the administration of such to offer first aid and or medical treatment to myself/ourselves and or/my child [ren] by employees and/or agents of Fitness Forum Sports and Wellness at LifePlex. I/we do further consent to and authorize employees and/or agents of Fitness Forum Sports and Wellness to arrange for ambulance transportation to an appropriate medical facility for me/us and or child [ren].

Childs Name: _____

Signature: _____

Date: _____

**Phone
Number:** _____